

Mary Cox & Dorothy Stanley
Making Acorn Bread
Dec. 17, 1974
(Also on video tape)

TAPE 1, Side A

TOPICS INTRODUCED

Introduction of participants
Gathering acorns
Baskets used
Soap root brush
Mortar and pestle
Acorn bread--a special occasion food
Grinding and leaching the meal
Removing chaff
Using a "ball" of salt while eating bread
Caring for the acorns in storage
"Mother - Daughter" grinding mortar
Using the pestle

(To be continued)

"Small talk" about Miwok attitudes

Side B

Dec. 20, 1974

Leaching the acorn meal
Straining meal into container of water
Building the fire
Soap stones (to cook the acorn meal)
Cedar sticks (to pick-up the soap stones)
Container for cooking (old: basket;
modern: large pot)
Stirring stick
Cooking with soap stones
Cleaning and re-heating soap stones
Cooking an acorn "corn chip" on hot soap stone

TAPE 2, Side A

Cooking the acorn meal
"Small talk"
Spiritual views
Mary Cox's Owl stories

Side B

Cooking and talking
Cooking and eating acorn "corn chips"
Making dumpling-size acorn bread
Various forms of acorn meal--"chips," bread and
soup

Permission to use tapes and video tapes

















